

Application for the „Mensafreitischvergabe“

For the WiSe (winter semester) 25/26 (01.01.-30.06.2026)

Please read thoroughly. Please fill out legibly and in handwriting or fill in digitally.

Not fully completed applications and incomplete bank statements unfortunately cannot be accepted!

End of the application period: 30th November (11.59 p.m.)

Personal information

Form of address:	☐ Mr	☐ Mrs/Ms	☐ Divers/Other:	
Name:		Surname:		
Course of study:		Semester:		Matriculation Nr.:
Street:		House – and/or room number:		
Zip code (PLZ):		Location:		
E-Mail:		Phone number:		

I have german citizenship: ☐ Yes ☐ No

Have you already received a mensacard in the last semester SoSe25 (01.07.-31.12.2025)?

☐ Yes ☐ No

Why do I need help/Why do I apply for a “Mensafreitisch”? (Also annotations/reasons such as e.g. financial Problems, Job loss, sickness, Blows of fate, other...)

Family circumstances

I am married: ☐ Yes ☐ No

I have children

I am a single parent: ☐ Yes ☐ No

I am an orphan/half-orphan: ☐ Yes ☐ No

I am caring for a relative: ☐ Yes ☐ No

I am the first academic in my family: ☐ Yes ☐ No

I live: ☐ at my parents house ☐ in a shared apartment ☐ alone

☐ with a partner ☐ other:

Information on your economic situation

Please prove your information with corresponding copies of your bank statements of the past 3 months of checking accounts, paypal accounts, credit cards, Revolut or gebührenfrei accounts, share portfolios, bonds, savings- or Daily Money Accounts and further Accounts. Your hereby stated monthly expenses and incomes have to become clear for us.

For amounts above 20€ for which the reason of the expense does not become clear, please add to your bank statements a short explanation. Example:

17.06.2025	Überweisung online	-1.082,90	Payment to my parents for a new iPad
12.05.2025	Kartenzahlung TIERAERZTLICHE HOCHSCHULE//Hannover	-208,46	Emergency surgery for my cat

Monthly income ¹	€	Monthly expenses ²	€
BAföG		Warm rent	
Scholarship		Groceries/Drugstore ³	
Parents, relatives		Semester fee/month ⁴	
Child allowance		Health insurance	
Employment/job		Broadcasting fee (GEZ)/month ⁵	
Housing benefit, social assistance		Monthly debt collection	
Student loan		Internet/telephone charges	
Sperrkonto (Blocked account)		Sperrkonto (Blocked account)	
Other:		Other:	
Sum		Sum	

My current account balance (Sum of all bank accounts; Date: _____) is _____ €.

I have special monthly costs (e.g. travel costs for caring for relatives/daycare/day nursery):

☐ No ☐ Yes, _____

I receive income from social or voluntary work (e.g. committee activity):

☐ No ☐ Yes, _____

Ich receive BAföG: ☐ No ☐ Yes, and I had to wait _____ months for my BAföG-notice.

¹ Only your own income, not that of relatives such as spouses or parents.

² Only the expenses, that you pay alone or jointly/partly. E.g.: If the rent is paid by the parents, then DO NOT list it here under rent.

³ An approximate amount is sufficient here

⁴ To calculate per month, please divide by 6

⁵ To calculate per month, please divide by 3

Hinweis

The data protection regulations of the Student Body of the Hochschule Hannover. This form includes the consent form for data collection (Declaration of consent to data collection).

I understand that only a fully and truthfully completed application, including the attachments listed in the checklist, can be considered.

By signing this form, I confirm that all information I have provided is true.

Hannover, the:

Signature:

The ASTA of the Hochschule Hannover reserves the right to verify the statements and information provided using appropriate documents. The ASTA of the Hochschule Hannover does not pass this data on to third parties, with the exception of lawyers and courts. False statements may be subject to legal consequences. For more information, please see our declaration of consent to data collection.

Everything completed, filled out and submitted? You can simply use our **checklist** to check:

- ☐ (this present) application for the Mensafreitisch
- ☐ Declaration of consent to data collection
- ☐ Bank statements of the last 3 months of all your bank accounts including checking accounts, paypal accounts, credit cards, Revolut or gebührenfrei-accounts, share portfolios, bonds, savings, daily money accounts and further bank accounts where your stated monthly expenses and incomes may become clear for us
- ☐ Picture/Scan of your matriculated student ID-Card for your matriculation at the Hochschule Hannover

For further questions or informations you can send an e-mail to Beratung@asta-hsh.de.



The translation of this application form is a voluntary service provided by our referees to compensate for any disadvantages due to language barriers. Therefore we assume no (legal) liability for any errors, misunderstandings, lack of information or misinformation in the translation.



Beratung@asta-hsh.de



<https://asta-hsh.de/angebot/mensafreitisch/>